

#### HELPFUL TIPS FROM GRIFFIN DENTAL LAB

### RELINES – Ten Steps for Success!!

Having a patient that needs a reline can either be a very satisfying experience, or a complete nightmare when not properly handled chairside. Following the procedures listed below will make your relines more predictable and successful.

1. Check for proper occlusion before reline impression. Also, have patient reproduce several times (this will be important in future steps).
2. If patient has a full set of dentures and relining both, focus on only one at a time. Begin with the upper first, due to no lower jaw movement, to secure the proper bite.
3. Relieve inside of denture to make space for the impression material. If the patient is using denture adhesive, please clean denture tissue surface as well as the patient's gums.
4. It's important to apply VPS tray adhesive to the inside of the denture so it will secure the impression material to the base.
5. Fill denture with enough material to ensure coverage of intaglio surface and all borders with only one VPS material (light or medium body is recommended). Heavy body tends to depress and displace the soft tissue, which when relined, causes sore spots and ill-fitting dentures with little to no suction. Using two different materials can cause discrepancies and an inaccurate impression where the two materials come together, as well as a difference in setup times.
6. Have the patient close and hold steady, once occluded.
7. Ensure proper bite has been maintained. If not, the patient's denture will be off in final delivery.
8. Border mold the impression by massaging the external facial tissues.
9. Evaluate reline impressions for any flaws to ensure all tissue surfaces and borders are captured.
10. Properly package and send over to us (Griffin Dental Lab).

Hopefully this will help with your future relines. Please contact us with any questions.